

FoodMagnifier

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Kerstin Paschko, Anna Kolbaum & Oliver Lindtner, BfR







Agenda



- 1. Introduction to the What and Why
- 2. FoodMagnifier: The App
- 3. Interactive session
- 4. Time to freely investigate the app
- 5. Short discussion and feedback





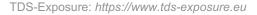


The What





- Online app designed to inform the interested general public about results of **Total Diet Studies (TDS)** in food.
- Example dataset from the German pilot TDS (TDS-Exposure project)
 - Data **structure** of TDS
 - Available assessments to provide background information
 - Different example substances:
 - aluminum, copper, lead, manganese, mercury



What is a TDS?



Criterion 1

- Representative for the whole population
- Covers 90 % of the foods consumed in one country
- Screening remaining foods for relevance



Criterion 2

 Foods are prepared as consumed



Criterion 3

Similar foods are pooled together to lower the amount of analyzed samples

EFSA/FAO/WHO (2011). https://doi.org/10.2903/j.efsa.2011.2450

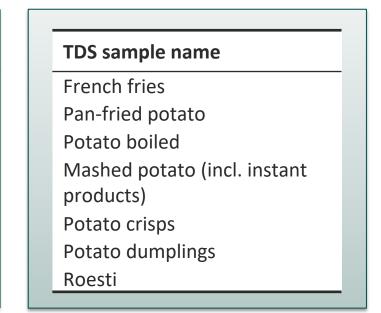


Food Nutrition Security Cloud (FNS-Cloud) has received funding from the European Union's Horizon 2020 Research and Innovation programme (H2020-EU.3.2.2.3. – A sustainable and competitive agri-food industry) under Grant Agreement No. 863059 – <u>www.fns-cloud.eu</u>

© BfR

Sample availability from TDS – Example of main food groups and food samples available from the German pilot TDS

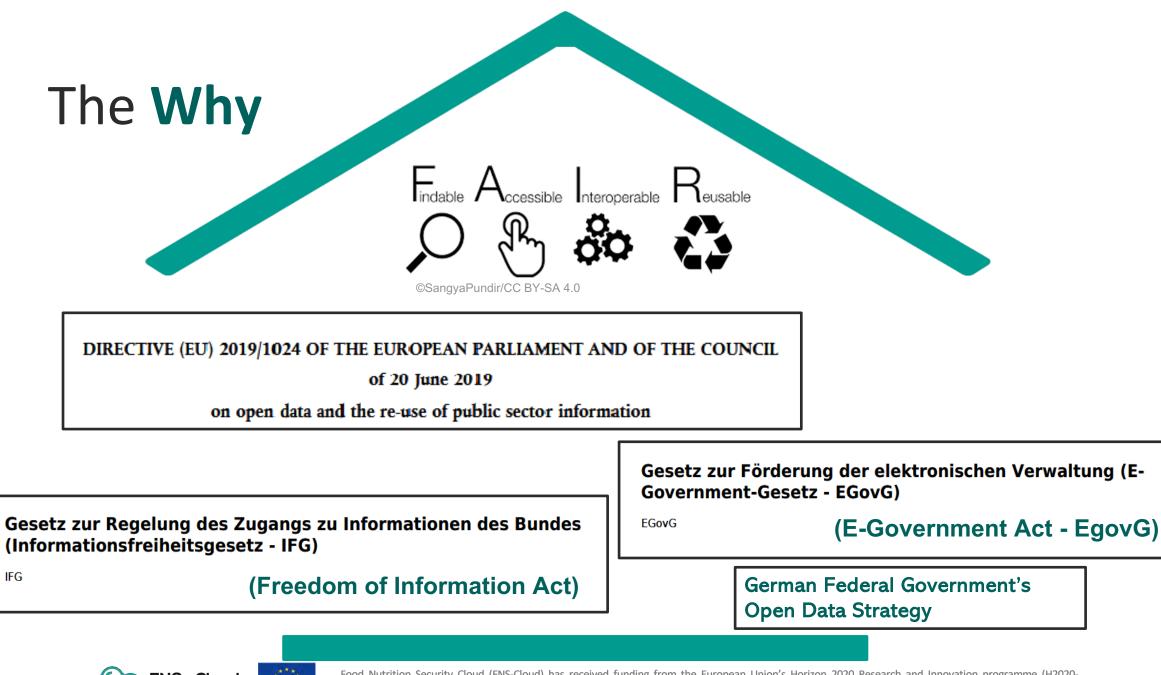
FoodEx 2 food group	No. of composite samples
Alcoholic beverages	4
Animal and vegetable fats and oils	3
Coffee, cocoa, tea and infusions	8
Composite dishes	31
Eggs and egg products	2
Fish, seafood, amphibians, reptiles and invertebrates	19
Fruit and fruit products	27
Fruit and vegetable juices and nectars	6
Grains and grain-based products	24
Legumes, nuts, oilseeds and spices	10
Meat and meat products	27
Milk and dairy products	15
Products for non-standard diets, food imitates and food supplements	3
Seasoning, sauces and condiments	17
Starchy roots or tubers and products thereof, sugar plants	7
Sugar, confectionery and water-based sweet desserts	12
Vegetables and vegetable products	26
Water and water-based beverages	5
Sum all	246



TDS data most suitable for communicating information about average substance levels in foods for consumers (and other non-experts)

Kolbaum et al., 2019: https://doi.org/10.1080/19440049.2019.1668967





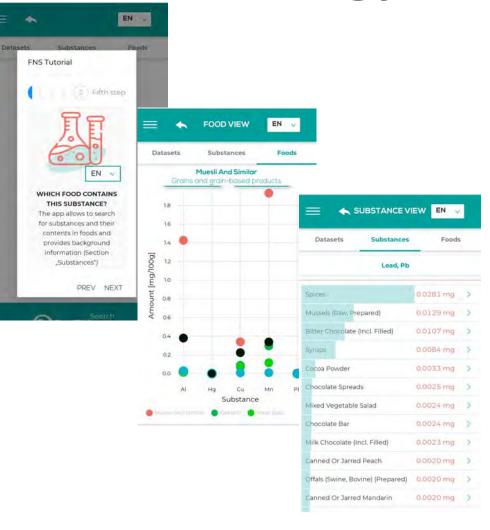
FNS - Cloud Food Nutrition Security



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Main food group	MEAL food pool	MEAL-Lebensmittelpool	Sampling year	Subsamples (n)	Agriculture production [conventional, organic, nonspecific, v	Season [season 1, season 2, no seasonality]	Region [north, south, east, west, no regionality]	Module-specific stratification	Substance	Internal standard	Method [name of the method used in the analysis
ains and grain-based products	Amaranth	Amaranth	2019	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Biscuits	Plätzchen, Kekse	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Biscuits with cocoa filling	Doppelkekse mit Kakaofüllung	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Bread dumpling, Bohemian dumpling	Semmelknödel, böhmische Knödel	2017	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Breakfast cereals	Frühstückscerealien, verarbeitet	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Buckwheat	Buchweizen	2019	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cereal cracker, puffed	Mischgetreidewaffel, gepufft	2016	15	organic	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cereal cracker, puffed	Mischgetreidewaffel, gepufft	2016	15	conventional	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cheese cake	Käsekuchen	2018	15	nonspecific	no seasonality	east		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cheese cake	Käsekuchen	2018	15	nonspecific	no seasonality	south		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cheese cake	Käsekuchen	2018	15	nonspecific	no seasonality	west		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cheese cake	Käsekuchen	2018	15	nonspecific	no seasonality	north		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Chia seeds	Chia-Samen	2019	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ins and grain-based products	Chocolate roll, milk roll	Schokobrötchen, Milchbrötchen	2017	15	nonspecific	no seasonality	east		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Chocolate roll, m								Cadmium (Cd)	Niobium (Nb)	ICP-MS
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ains and grain-based products	Cornflakes	Tar	ant -	ndi		2			Cadmium (Cd)	Niobium (Nb)	ICP-MS
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ains and grain-based products	Crispbread								Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Durum pasta								Cadmium (Cd)	Niobium (Nb)	ICP-MS
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ains and grain-based products	Egg pasta	Teigwaren, mit Hühnerei (z. B. Eiernudel	n,2017	15	organic	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
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ins and grain-based products	Lye pretzel, soft								Cadmium (Cd)	Niobium (Nb)	ICP-MS ICP-MS
ains and grain-based products	Lye pretzel, soft Millet								Cadmium (Cd)	Niobium (Nb)	ICP-MS ICP-MS
ains and grain-based products	Mullet Muesli with chocolate	Schoko-Müsli	2017	15	organio	no seasonality	no regionality		Cadmium (Cd) Cadmium (Cd)	Niobium (Nb)	ICP-MS ICP-MS
ains and grain-based products			2017	15	organic		no regionality			Niobium (Nb)	ICP-MS ICP-MS
ains and grain-based products	Muesli with chocolate Muesli with dried fruits	Schoko-Müsli Früchte-Müsli	2017	15	conventional	no seasonality	no regionality		Cadmium (Cd) Cadmium (Cd)	Niobium (Nb)	ICP-MS ICP-MS
ains and grain-based products	Muesli with dried fruits	Früchte-Müsli	2017	15	organic	no seasonality	no regionality			Niobium (Nb)	ICP-MS
ains and grain-based products ains and grain-based products	Muesli with dried truits Muesli, mixed	Müsli, gemischt	2017	15	conventional organic	no seasonality no seasonality	no regionality no regionality		Cadmium (Cd) Cadmium (Cd)	Niobium (Nb) Niobium (Nb)	ICP-MS
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Implementation of the open data strategy

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Main food group	MEAL food pool	MEAL-Lebensmittelpool	Sampling year	Subsamples (n)	Agriculture production (conventional, organic, nonspecific, +	Season (season 1, season 2, no seasonality)	Region [north, south, east, west, no regionality]	Module-specific stratification	Substance	Internal standard	Method (name of the method used in the analysis
Frains and grain-based products	Amaranth	Amaranth	2019	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Biscuits	Plätzchen, Kekse	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Biscuits with cocoa filing	Doppelkekse mit Kakaofüllung	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Bread dumpling, Bohemian dumpling	Semmelknödel, böhmische Knödel	2017	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Breakfast cereals	Frühstückscerealien, verarbeitet	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Buckwheat	Buchweizen	2019	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cereal cracker, puffed	Mischgetreidewaffel, gepufft	2016	15	organic	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Cereal cracker, puffed	Mischgetreidewaffel, gepufft	2016	15	conventional	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Cheese cake	Käsekuchen	2018	15	nonspecific	no seasonality	east		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Cheese cake	Kåsekuchen	2018	15	nonspecific	no seasonality	south		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Cheese cake	Käsekuchen	2018	15	nonspecific	no seasonality	west		Cadmium (Cd)	Niobium (Nb)	ICP-MS ICP-MS
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ains and grain-based products	Chocolate roll, milk roll	Schokobrötchen, Michbrötchen	2019	15	nonspecific	no seasonality	east		Cadmium (Cd)	Nicbium (Nb)	ICP-MS
ains and grain-based products	Chocolate roll, milk roll	Schokobrötchen, Michbrötchen	2017	15	nonspecific	no seasonality	south		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Chocolate roll, mik roll	Schokobrötchen, Michbrötchen	2017	15	nonspecific	no seasonality	west		Cadmium (Cd)	Nicbium (Nb)	ICP-MS
ains and grain-based products	Chocolate roll, milk roll	Schokobrötchen, Michbrötchen	2017	15	nonspecific	no seasonality	north		Cadmium (Cd)	Nichium (Nb)	ICP-WS
ains and grain-based products	Comfiakes	Comfakes	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Nipbium (Nb)	ICP-MS
rains and grain-based products	Cream cake	Creme- und Sahnetorten	2017	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Nipbium (Nb)	ICP-MS
rains and orain-based products	Crispbread	Knäckebrot	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Nipbium (Nb)	ICP-MS
ains and grain-based products	Durum pasta	Teigwaren, eifrei (z. B. Hartweizengrießr		15	organic	no seasonality	no regionality		Cadmium (Cd)	Nipbium (Nb)	ICP-MS
rains and orain-based products	Durum pasta	Teigwaren, eifrei (z. B. Hartweizengrießr		15	conventional	no seasonality	no regionality		Cadmium (Cd)	Nipbium (Nb)	ICP-MS
ains and grain-based products	Egg pasta	Teigwaren, mt Hühnerei (z. B. Eiernudeln		15	organic	no seasonality	no regionality		Cadmium (Cd)	Nipbium (Nb)	ICP-MS
ains and grain-based products	Egg pasta	Teigwaren, mit Hühnerei (z. B. Eiernudeln	2017	15	conventional	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Fruit cake	Kuchen mit Obst (z. B. Apfelkuchen)	2018	15	nonspecific	no seasonality	east		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Fruit cake	Kuchen mit Obst (z. B. Apfelkuchen)	2018	15	nonspecific	no seasonality	south		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Fruit cake		2018	15	nonspecific	no seasonality	west		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Fruit cake		2018	15	nonspecific	no seasonality	north		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Gingerbread and gingerbread products	Lebkuchen, Printen, Pfeffernüsse	2016	20	nonspecific	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Lye pretzel, soft	Laugengebäck	2017	15	organic	no seasonality	no regionality		Cadmium (Cd)	Niabium (Nb)	ICP-MS
ains and grain-based products	Lye pretzel, soft		2017	15	conventional	no seasonality	east		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Lye pretzel, soft	Laugengebäck	2017	15	conventional	no seasonality	south		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Lye pretzel, soft	Laugengebäck	2017	15	conventional	no seasonality	west		Cadmium (Cd)	Niobium (Nb)	ICP-MS
ains and grain-based products	Lye pretzel, soft	Laugengebäck	2017	15	conventional	no seasonality	north		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Milet	Hirse	2019	20	nonspecific	no seasonality	no regionality	-	Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Muesli with chocolate	Schoko-Müsli	2017	15	organic	no seasonality	no regionality		Cadmium (Cd)	Niobium (Nb)	ICP-MS
rains and grain-based products	Muesii with chocolate Muesii with dried fruits	Schoko-Müsli Früchte-Müsli	2017	15	conventional organic	no seasonality	no regionality		Cadmium (Cd) Cadmium (Cd)	Niobium (Nb) Niobium (Nb)	ICP-MS ICP-MS
rains and grain-based products	Muesi with dried truits Muesi with dried fruits	Früchte-Müsli	2017	15	organic conventional	no seasonality	no regionality		Cadmium (Cd)	Nicbium (Nb)	ICP-MS ICP-MS
rains and grain-based products rains and grain-based products	Muesi with dhed muts Muesi, mixed		2017	15	organic	no seasonality no seasonality	no regionality no regionality		Cadmium (Cd)	Nicolum (ND)	ICP-MS ICP-MS
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Positive feedback from potential users

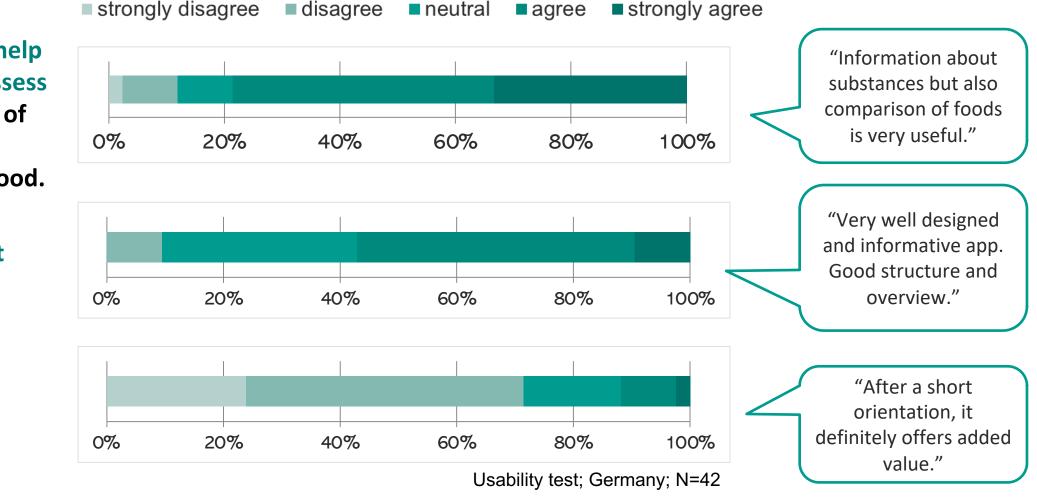
The app could help me to better assess the occurrence of unwanted substances in food.

I felt confident using the app.

The app was

unnecessarily

complex.





Positive feedback from potential users





May 2023:

Visit of the Federation of German Consumer Organisations (Verbraucherzentrale Bundesverband e.V.) to the MEAL Study Centre at BfR

- Interest in the results from the BfR MEAL Study (German TDS) for their work
- Introduction to the FoodMagnifier app

Foo
 A Good to get an overview
 Magnifier
 → Shortens research time to find relevant data and literature

FNS-Cloud



The App



FoodMagnifier

is a tool designed to present:

- content data of contaminants, residues or nutrients in foods
- background knowledge about:
 - substance description
 - exposure data
 - health-based guidance and toxicological reference values
 - contribution of food groups to dietary exposure
 - links for further reading





What options are there?

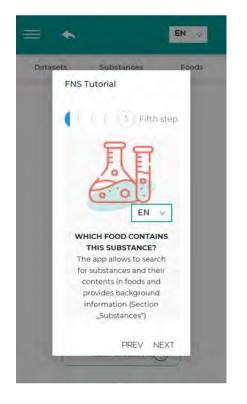
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	Foo Magnifier	
	Magnifier	
Info	rmation about desirable and undesi substances in foods.	rable
	Tutorial	
	Search Substance	0
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	Search Foods	

- Search Foods allows users to search for a specific food
- Search Substance allows users to search for a specific substance in foods
- Get **context** about substances
- Tutorial informs the user what the app can do, where the data comes from and what the app doesn't do
- About datasets description of the sources of data



Support functions

Tutorial (in app)



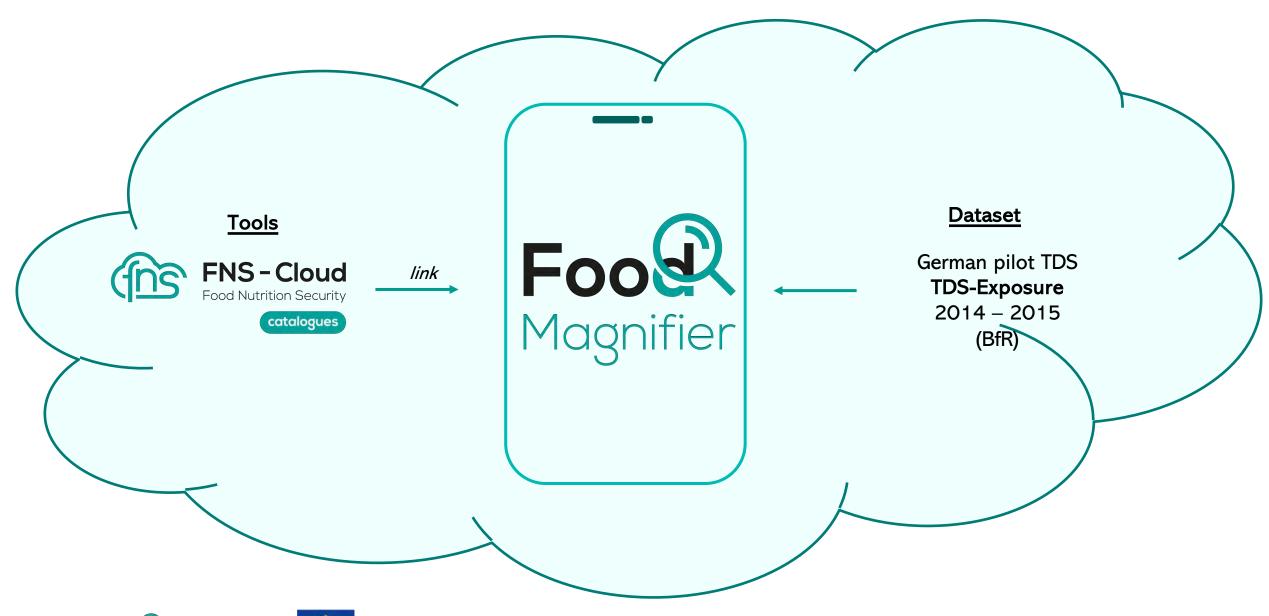
Question marks (in app)



Interactive tutorial (online with a link in the app)



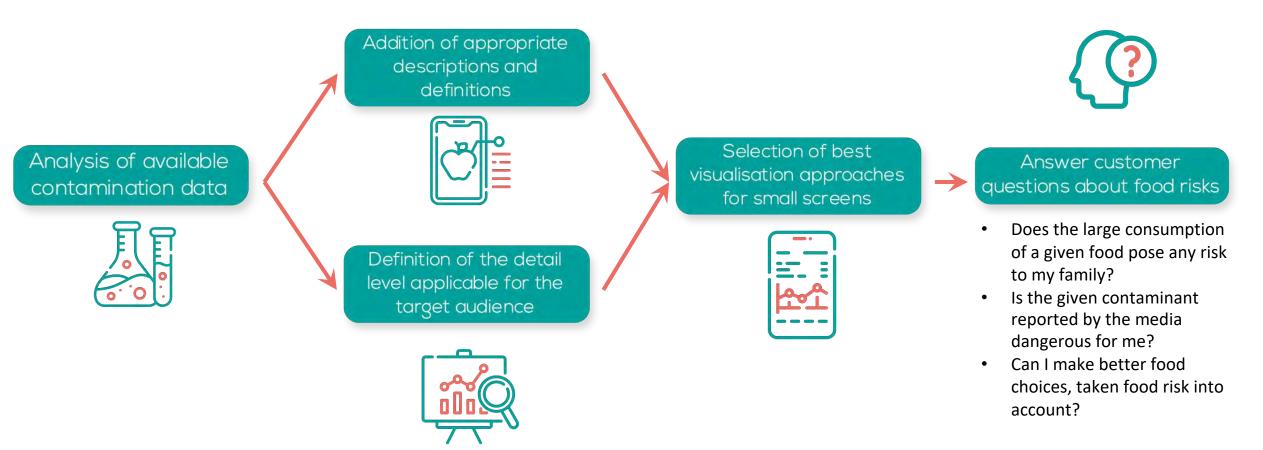




Food Nutrition Security Cloud (FNS-Cloud) has received funding from the European Union's Horizon 2020 Research and Innovation programme (H2020-EU.3.2.2.3. – A sustainable and competitive agri-food industry) under Grant Agreement No. 863059 – www.fns-cloud.eu

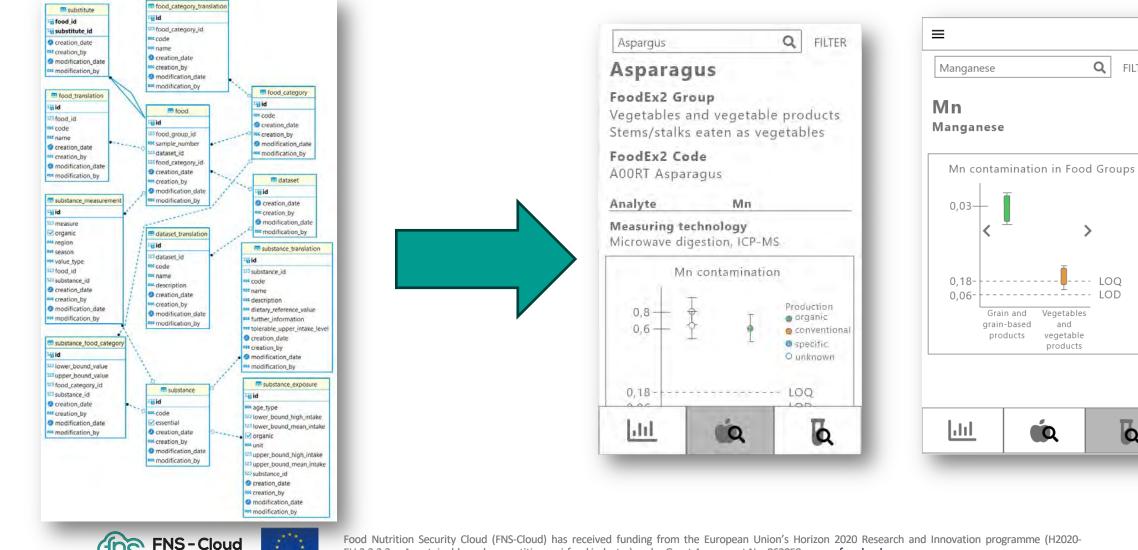
FNS-Cloud

Food Nutrition Security



Additionally: answer research questions around risk communication.





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Grain and

grain-based

products

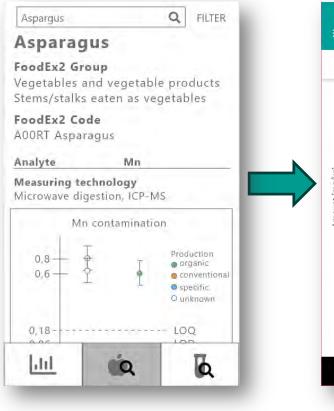
Vegetables

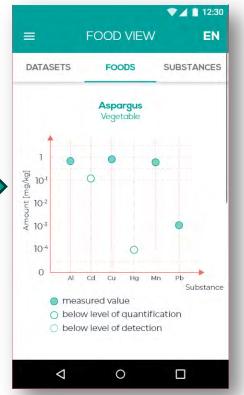
and

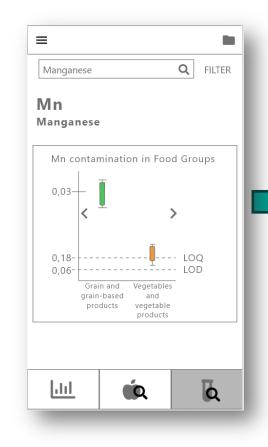
vegetable

products

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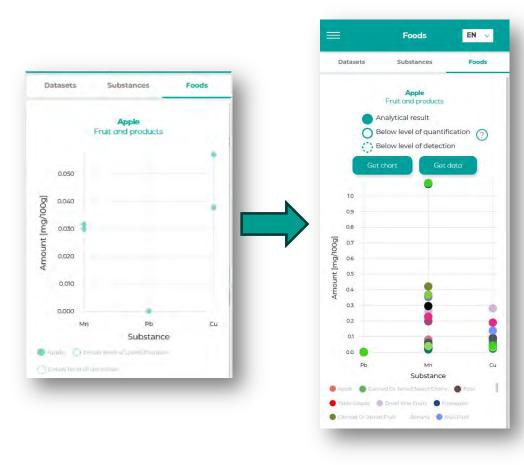
Main contributors to dietary exposu	ire 🔨	•
Grains and grain-based products	24-28%	>
Coffee, cocoa, tea and infusions	15-18%	>
Water and water-based beverages	8-21%	>
Composite dishes	8-13%	>
Meat and meat products	6-7%	>
Fruit and products	6-7%	>
Confectionery and sweet deserts	4-5%	>
Potatoes and products	3-4%	>
Vegetables and products	2-3%	>
Milk and diary product	1-2%	>
Legumes, nuts and oilseeds	1-2%	>
Juices and nectars	1-2%	>
Alcoholic beverages	<1%	>
Seasoning and sauces	<1%	>

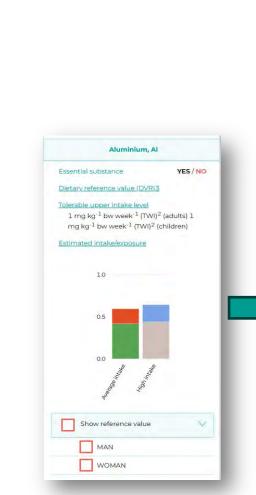


Two **usability tests** were performed:

- In 06.2022 during FNS-Cloud Consortium Meeting in person with guidance from the presenter, using LimeSurvey to collect results from 10 participants
- In 12.2022 and 01.2023 entirely online, on 42 participants (German consumers, risk amangers, risk communication experts) using LimeSurvey to collect results







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WHICH FOOD C			9000 B	FNS Tutorial	tep
SUBST/ The app allows substances and in foods and background (Section "Su	th WHAT IS IN MY FO d c The app allows to sea inf foods and contain	The presented data on so-called "Tot Studies" reflecting a concentration of su in foods "as ea	The app doe	RISK?	
-	PRE	Further information on Tota http://www.thr-meal-audula meal-audyhtm	generalized : regarding nu' health valu	The app is not intended to assess personalized intake/ exposure of the substances or recommendations on consumption frequencies of foods	x.
			-	CLOSE PREV NE	TXT
	Information			CLOSE PREV NE	т
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	e information take and reference values			CLOSE PREV NE	TX
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	take and reference values Summay Details Coup. 10	Sex	Age + 18 Years		Estimated intake [µg/kg]
	take and reference values Summay Details Coup. 10			TWI [µg/kg bw per week]	Estimated intake [µg/kg



Summary



- App tool for future use by (TDS) data owners from different countries
- The **basic structure** for an online application to present **content data** of substances in **food**
 - contaminants, residues, toxins or nutrients
- Provides the possibility to add background information on included substances and related assessments and/or relevant literature and links according to country specific / study specific / communication specific needs to add context for the users.







FNS-Cloud Consortium



BfR Department for Risk Communication



BfR MEAL Study team





Interactive session



Please try our app now!





Try by yourself - inspiration

Getting back to the fish restaurant:

A friend of Mary (not pregnant) is curios and would like to know if there are any undesirable substances in wine. Therefore he asks Mary to find the following information:

- (1) How much lead, mercury and aluminium (heavy metals) are in wine?
- (2) Regarding lead: is the content high or low compared to other alcoholic beverages?
- (3) What is the toxicological reference value (BMDL) for lead for adults?
- (4) How large is the share of alcoholic beverages on dietary exposure of lead?
- (5) Which foods have the highest lead contents?



Try by yourself - inspiration

Getting back to the fish restaurant:

A friend of Mary (not pregnant) is curios and would like to know if there are any undesirable substances in wine. Therefore he asks Mary to find the following information:

- (1) How much lead, mercury and aluminium (heavy metals) are in wine? Al: 0.075 mg/ 100 g; Hg: <LOQ; Pb: 0.0018 mg/ 100 g
- (2) Regarding lead: is the content high or low compared to other alcoholic beverages? high
- (3) What is the toxicological reference value (BMDL) for lead for adults? 0.63 μg/kg bw per day
- (4) How large is the share of alcoholic beverages on dietary exposure of lead? 16.8-18,1%
- (5) Which foods have the highest lead contents? Spices, mussels, bitter chocolate







Discussion and feedback



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Thank you!



